

2017 Raid Lamoille Important Rider Information

LATE REGISTRATION - Please let interested friends know there is day-of-event registration available for this year's event. Applications will be on hand and the fee is \$90 cash or check.

PACK: You'll want to bring at least one tube (2 would be better), patches and a pump. A multi-tool and chain-breaker would be a good idea. Don't forget to bring your bike! Seriously, make sure it's in good working order before you arrive. You are self-supported for on-course mechanicals. A helmet is required. A smartphone and GPS could be handy.

ARRIVE: Packet Pick Up and Start/Finish area is at Sushi Yoshi, located at 1128 Mountain Rd in Stowe VT. There is limited parking at Sushi Yoshi. If lot is full there is overflow parking available behind the plaza just below Sushi Yoshi – look for signs!

PACKET PICK UP: Packet pick up opens at 7:00AM and please arrive by 7:30 for.....

RIDERS' MEETING: At 7:50 we'll (quickly) cover some important on-the-course info and answer questions. Don't miss this meeting!

TECH: Onion River Sports will have a bike tech on site at the Start area for *emergency* repairs but please make sure your bike is ride-ready.

ROLL: We'll roll off as soon as we are ready but **no later than 8AM** for the 100K, 50K riders can roll off up to an hour later. Official cue sheets will be provided at the ride. The ride web site has info regarding an exportable GPX but *only the cue sheet handed out at the ride is official.*

REFRESH: Snacks and fluids are mostly self-service along the way via well-stocked country stores, especially those located at Miles 16 & 46. Look for the ***asterisk** on the official cue sheet and make sure to pack some cash! **Mile 34 Rest Stop:** for 100K riders Craftsbury General Store (Mile 34.3 on the *right*) will provide riders with a Vermont Peanut Butter and UnTapped maple syrup sandwich, a bag of chips and a can of soda or seltzer. They'll have a water dispenser and portopoties there too.

SAG: Onion River Sports and Vermont Overland will be cruising the course throughout the morning. IMPORTANT NOTE: you must reach the Mile 46 intersection with Rt 12 *by 12:30* or you may be asked to accept a ride back to the Finish. If you choose to keep riding please be aware that we can't guarantee the Finish celebration will still be going when you arrive!

PARTY: After your ride we've got great food from the Sushi Yoshi, cold beer from The Alchemist Brewery, other cold drinks and some door prizes! **To join the party, you must present your bib number as proof that you are one of us.** If you look young be sure to pack your ID!